



Here for YOU
 at every AGE and STAGE
 2012 Report to Donors



**REGIONAL
 HOSPITAL FOUNDATION**

Every gift you make to the
Cape Breton

Regional Hospital Foundation
 helps thousands of Cape Bretoners
 receive world class healthcare at
 home, near their family and friends.

At every age and stage, the Cape
 Breton Regional Hospital is here for
 you. Whether welcoming a new
 baby into the world, supporting a
 friend through cancer treatment, or
 saying good bye to a loved one in
 the An Cala Palliative Care Unit, the
 Regional Hospital is here for you.

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Message to our Donors

Dwight Rudderham – Chair, Cape Breton Regional Hospital Foundation Board of Directors



2012 was a year full of success and gratitude. First, I would like to thank the generous and dedicated donors to the Cape Breton Regional Hospital Foundation. Your support was truly amazing. Your gifts to the Cape Breton Regional Hospital Foundation help purchase priority equipment and fund upgrades to ensure more Cape Bretoners can get the care they need.

I would also like to acknowledge the devoted staff of the Foundation. Each member of the team played an important role ensuring a seamless transition in welcoming our new CEO, Brad Jacobs, to the helm of the Foundation team. On behalf of the Board, I extend a thank you to the former CEO, Barbara Stead-Coyle, for her commitment to the Foundation over the past five years and I would like to again welcome Brad, and his family, to Cape Breton.

Finally, to the members of the Foundation’s volunteer Board of Directors, I want to thank you all for your commitment of time and the role each of you play as important members of the Regional Hospital Foundation.

Together we are working to ensure Cape Bretoners are able to get the specialized healthcare they need at home, near their family and friends.

Brad Jacobs – CEO

The past six months have been an exciting time as I transition into the role of CEO of the Cape Breton Regional Hospital Foundation. I consider it an honour and a privilege to play a leadership role in the health and wellbeing of a community that I am passionate about. I’ve never been more proud to be a Cape Bretoner!

As a donor community, we thank you for your extreme generosity. Please know, the priority needs list for the Cape Breton Regional Hospital continues to grow. Our Foundation will grow to meet that need and, ultimately, help more people get the care they need here at home in Cape Breton. I am optimistic that we are well positioned to meet that challenge, given the generosity of our community and our passion for caring for one another.

The Cape Breton Regional Hospital and the Foundation is here for you. Whether in our everyday life, or in times of medical crisis, our health matters most. I want to thank our generous donors who fund the most critical needs, which allow the doctors and medical staff to deliver world class care at the Regional Hospital.

Cape Bretoners deserve the best when it comes to healthcare. As you read our report and the stories of our patients and families, I hope you take great pride in the positive impact you are having on their lives. We value the relationships with all of our donors, and thank you for being champions as we strive to help all Cape Bretoners get the care they need here, at home!

2012 Board of Directors

Dwight Rudderham – Chair	:	Michele Bianchini	:	Dr. Elwood MacMullin	:	Evelyn Schaller
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At every AGE and STAGE
the Cape Breton Regional Hospital is here for you.



Daniel Daix holds his son, Tyler, in the Neonatal Intensive Care Unit. Tyler was born premature and needed the specialized care offered in the NICU.



Samantha St. Cyr received cancer treatment in the Pediatrics Unit at the Cape Breton Regional Hospital. Samantha is now in full remission.



Hudson Thomas Gouthro was born happy and healthy in the Labour and Delivery Unit at the Regional Hospital.



Megan Rafuse, along with her family, said goodbye to her grandfather in the An Cala Palliative Care Unit at the Cape Breton Regional Hospital.



Lorne Serroul is currently battling cancer for the second time in three years at the Cape Breton Cancer Centre.



Nicole Purcell visits the Cape Breton Regional Hospital for Renal Dialysis treatment several times a week.

Cape Breton Regional Hospital Foundation Financial Highlights

Year Ended December 31st, 2012

This is an overview of our financial statements. Complete audited financial statements are available by contacting the Foundation office or by visiting www.becauseyoucare.ca.

REVENUE

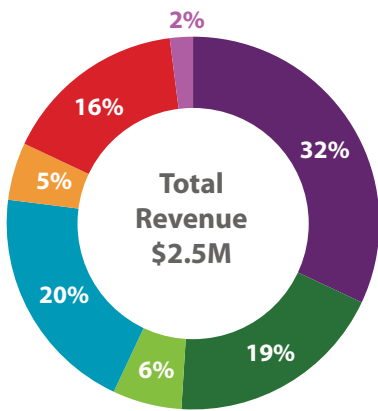
Annual campaign ¹	\$ 815,088
Planned giving	390,720
Major gifts	151,000
Capital campaign ²	477,377
Business operations, net ³	124,855
Other	51,610
Interest and gain on investments	510,312
Total Revenue	2,520,962

DISBURSEMENTS

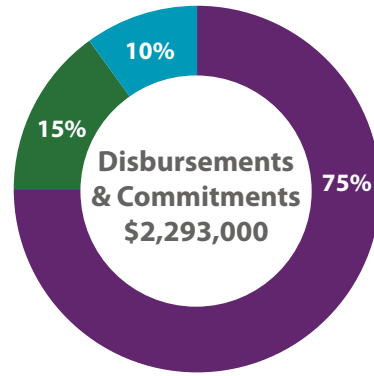
Direct expenses	223,718
Total Net Fundraising	2,297,244
Administration	363,715
Distributed to Cape Breton District Health Authority ⁴	679,985
Excess of Revenue Over Disbursements	\$ 1,253,544

1. This includes Annual Campaign and Special Events, net.
2. Does not include outstanding payments on multi-year pledges.
3. This includes Fancies Gift Shop and administration fee collected from parking operations.
4. This excludes parking revenue transferred to the Cape Breton District Health Authority.

2012 Financial Results



- 32% Annual/Renewal
- 19% Capital Campaign
- 6% Major Gifts
- 20% Interest and Gains
- 5% Business Operations
- 16% Planned Giving
- 2% Other



- 75% Priority Equipment
- 15% Facility Enhancements
- 10% Patient Care

In 2012 the Cape Breton Regional Hospital Foundation, in partnership with the community, raised \$2.5 million to purchase equipment and fund facility upgrades at the Cape Breton Regional Hospital.

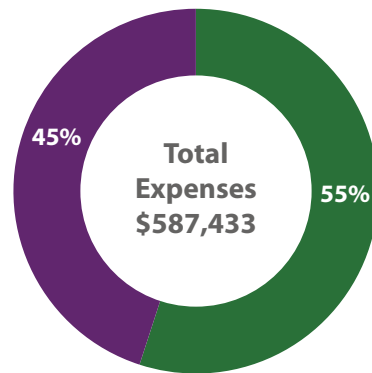
In 2012, donors helped fund more than \$2.2 million in equipment, facility upgrades, and patient care initiatives.



\$263,911
Total Fundraising Expenses

\$1,834,185
Total Fundraising Revenue

According to the Canadian Revenue Agency, the industry fundraising expense ratio standard is 35% of total fundraising revenue.



- 45% Total Fundraising Expenses
- 55% Total Administration Expenses

The total yearly expenses for the Cape Breton Regional Hospital Foundation are calculated by adding the total Fundraising Expenses and the total Administration Expenses.

2012 Disbursements:

Obstetrics/Labour and Delivery	\$ 79,704
ICU	73,589
Pediatrics	79,381
Cancer Centre	111,194
Emergency Department	76,907
Diagnostic Imaging	42,503
NICU	34,564
Scotiabank Infection Control Lecture Series	9,665
Heart and Lung Wellness Centre	6,604
Comfort and Care Grants	15,471
Cancer Patient Care Fund	113,960
Miscellaneous	36,443
Total Disbursements	\$ 679,985

2012 Commitments:

Obstetrics/Labour and Delivery/ Mom and Baby	\$ 136,515
ICU/CCU	86,000
Ambulatory Care	11,000
Pediatrics	30,000
Cancer Centre	362,000
Diagnostic Imaging	17,000
NICU	37,500
OR	854,000
Comfort and Care Grants	40,000
Renal Dialysis Unit	34,000
4B & 4C Waiting Room	5,000
Total Commitments	\$ 1,613,015

Here for YOU
at every AGE and STAGE

Here for patients of the Cape Breton Cancer Centre



Lorne and his granddaughter, Aiden, ice fishing - a favorite past time of Lorne's.

Each day, the Cape Breton Cancer Centre is able to treat 150 patients. In fact, 97% of Cape Bretoners who need radiation treatment are able to get the care they need at home. This is thanks to the generous support from our donors, like you.

One patient who has come to rely on the Cape Breton Cancer Centre for care, not once, but twice is Lorne Serroul from North Sydney.

"During my first battle with cancer, I saw how special and important the Cape Breton Cancer Centre is to patients and their families. That is why my wife, Linda, and I became donors to the Cape Breton Regional Hospital Foundation. Little did I know that I would once again come to rely on the care provided at the Cancer Centre. After my treatment at the cancer centre, I can go home to my own bed, spend time with my grandchildren or go ice fishing."

With your support, thousands of patients, like Lorne, and their families can find comfort in knowing that the Cape Breton Cancer Centre will always be here for them.

Here for the unexpected The Cancer Patient Care Fund

"When receiving cancer treatment, two things can happen - your income decreases because you are too sick to work and your expenses rise because you now have unexpected medical costs. For some, their medical insurance won't cover a prescription they need to get better. For others, who have to travel a few hours each day from the Highlands or Antigonish for treatment, the cost of traveling can be crippling to their budget. This is where the importance of the Cancer Patient Care Fund comes into play." – Tom MacNeil, Social Worker, Cape Breton Cancer Centre.

When you support the Cancer Patient Care Fund, you provide financial assistance to hundreds of Cape Breton cancer patients who need to pay for their medications that aren't fully covered by medical insurance, or who need to travel from across the Island to get the care they need.

Every month, more than 30 patients receive funding from the Cancer Patient Care Fund. **In 2012, more than \$113,000 was raised in support of the Cancer Patient Care Fund.**

In 2012, YOU helped us commit to funding the following equipment and upgrades for the Cape Breton Cancer Centre:

3 Surgical Oncology Recovery Monitors	\$	59,544
SBRT Patient Immobilization Unit		7,479
Oncology Carbon Belly Board		4,333
Two Ritter Exam Tables		16,678
Waiting Room Enhancements		19,354
Meloney Comfort and Care Room Upgrade		3,806
Two SBRT Body Prolock System		106,000
High-Low Table		12,000
Six Microscopes		102,000
Ways to Wellness Program		2,000
Wheelchairs for patients		8,000
Expansion		132,000
Total	\$	473,194

Here for Super Samantha

At five years old, little girls should be worried about ponies, dolls and playing with their friends. They should not have to worry about needles, chemotherapy and making sure they have a pretty hat on to cover up their bald head.

But this was Samantha St. Cyr's reality in 2012. For one year, Samantha received cancer treatment in the Pediatrics Unit at the Cape Breton Regional Hospital for a rare form of cancer, called Wilms Tumors.

Each year, the Pediatrics Unit at the Cape Breton Regional Hospital treats hundreds of children for everything from broken bones to serious illnesses, like cancer.

In November 2012, doctors gave Samantha and her family great news....she is now in full remission!

It is because of donors, like you, that Samantha and hundreds of other children can be at home near their family and friends while receiving treatment.



In 2012, YOU helped us commit to funding the following equipment for Pediatrics:

GI Clinic	\$	1,201
Three Vital Signs Monitors		20,935
Two Precision Flow Units		13,096
Defibrillator Monitor		10,025
TLC Family Support		2,043
Sleeper Chairs		20,876
Kiwanis Heart Clinic		2,500
Three Patient Rooms		30,000
Playroom		8,705
Total	\$	109,381

Here to give the Comforts of Home

Thanks to generous donors, three patient rooms in the Pediatrics Unit are getting a makeover.

It has been clinically proven that the environment children receive care in has a direct impact on how they respond to treatment, and how fast they recover.

In 2012 the decision was made to renovate 13 patient rooms in the Pediatrics Unit, at a cost of \$130,000 or \$10,000 each. To date, generous donors have committed to renovating three rooms. Once these rooms are renovated, they will provide a more comforting, home-like and less clinical environment for children and their families, who need to visit and stay in the Pediatrics Unit. The room renovations will include fresh paint, themed and child friendly murals, new furniture and entertainment systems that include DVD players, televisions, Wii's and games in every room.



Renovating the remaining 10 patient rooms will be a 2013 priority.

Here for YOU
at every AGE and STAGE

Here for our tiniest Cape Bretoners

Each year, hundreds of expecting couples arrive at the Cape Breton Regional Hospital to welcome their new babies into the world.

More than 900 babies from across Cape Breton Island get their start to life in the Labour and Delivery Unit at the Cape Breton Regional Hospital every year.

In 2012, Ashley and Greg Gouthro found out they were expecting their first child and that they would be relying on the Regional Hospital for care.

"I can't explain the joy and excitement I felt when we first found out we were expecting, and that we would soon become first time parents," said Ashley. "I couldn't wait to hold and meet the new baby, and experience the unconditional love that comes with being a new mom."

"When I heard Ashley was pregnant, I couldn't stop thinking about the future....Christmas mornings, hockey games, driving lessons, and family vacations," said Greg. "We were both comforted in knowing that the Regional Hospital would be here for us when the time came to welcome our new baby into the world."

In 2012, YOU helped us commit to funding the following equipment and enhancements for the Labour and Delivery Unit.

Obstetrics/Labour and Delivery

Three Fetal Monitors	\$	71,344
Milk Warmers		2,875
Labour and Delivery Waiting Room		5,484
Three Panda Bed Warmers		84,000
Phototherapy Unit		12,000
Two Massimo Saturation Units		5,500
Precision Flow Unit		7,500
Family Room Makeover		3,000
Purple Cry Project		5,515
Defibrillator		4,000
Birthing Beds		15,000
Total	\$	216,218

Update: On January 1st, Ashley and Greg welcomed a happy, healthy baby boy.



Meet Hudson
Thomas Gouthro.



Here for you While You Wait

Generous Donor makes wait time in the Harris Emergency Department Waiting Room more comfortable for everyone.



**Father Maroun
proudly stands in a finished
area of the Harris Emergency
Department Waiting Room.**

Whether waiting for something to come in the mail, or waiting in line at the grocery store, waiting can be difficult for all of us.

But when you're in pain, feeling sick, or you're waiting with a loved one who is sick, it can be even harder.

Thanks to one generous donor, your wait in the Harris Emergency Room at the Cape Breton Regional Hospital will be more comfortable and more efficient.

In 2012 Father Albert Maroun donated \$50,000 to renovate the waiting room at the Harris Emergency Department.

"During the Cape Breton Cares Capital Campaign, which raised more than \$5.5 million for the Regional Hospital, I watched a close relative, Lou and Kathryn Maroun, donate funds to support the Cape Breton Cancer Centre. Then a year ago, they donated \$50,000 to renovate the Diagnostic Imaging waiting room at the Regional," says Father Maroun. "He made such a generous donation because he knew how many people it would help and because he could. I wanted to do my part."

Father Maroun is very active in his community. He is Past President of the Cedars Club of Sydney, a member of the Gaelic Choir, an avid tarbush player, member of the Nova Scotia Equalization Fairness Group and a member of the Golden K Kiwanis Club of Sydney.

"Through my hobbies I have made many close friends in our community—many of whom have come to rely on the Harris Emergency Department at the Regional Hospital, myself included," commented Father Maroun. "I am fortunate to be in a position where I am able to give back to my community. I know how long the waits can sometimes be in our ER waiting rooms and I wanted to make the waiting rooms more pleasant for Cape Bretoners."

The renovations include new and more comfortable furniture that meets infection and prevention control regulations, along with the relocation of registration and triage areas to help increase patient flow in the Emergency Room.

**In 2012, YOU helped us
commit to funding** the following facility
upgrades at the Cape Breton Regional Hospital:

- Labour and Delivery Family Room
- Cape Breton Cancer Centre Waiting Room Enhancements
- Meloney Comfort and Care Room Update: Cancer Centre
- Emergency Department Waiting Room Enhancements
- Diagnostic Imaging Waiting Room Enhancements
- Breastfeeding Room Enhancements: NICU
- 4B and 4C Waiting Room Enhancements
- Three Pediatric Patient Room Renovations



**Renovations are
well under way in the Harris
Emergency Department
waiting area.**

Here for YOU
at every AGE and STAGE

2012 Donors

We are grateful for every gift we receive. In this report, we are pleased to recognize and thank everyone who contributed \$100 or more in 2012.

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