



CAPE BRETON REGIONAL  
*Hospital Foundation*



How wonderful  
it is that nobody need wait  
**a single moment** before  
starting to  
**improve the world**

- Anne Frank

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## Chair's Message:



How do we properly thank you for all you have given to the Cape Breton Regional Hospital Foundation?

Perhaps we can thank you by sharing stories about people you have helped. People who are living a better life because you helped ensure that they had access to the care they needed.

Perhaps that will partly demonstrate the impact your financial gifts had made on your friends, neighbours and loved ones.

2010 was a remarkable year -- our strongest financial year ever. We recorded our highest donation totals and our costs were lower than the average of other, similar charities in Canada and Nova Scotia. We worked each and every day to ensure that our programs performed to the highest standards. We ensured that your money was used for what you intended it to be used for and, as you will see on the pages that follow, your support translated into incredible financial support for the Regional Hospital.

We could not have done this without you and the many donors and volunteers who make our work such a joy as volunteer Board members and as staff.

I would like to recognize the contributions of our incredible Cape Breton Cares Volunteer Cabinet, who, with your generosity, raised \$5.5 million. They are true heroes in our community.

I would also like to thank the employees of the Cape Breton Regional Hospital who work each and every day delivering care to those of us who need it. We may not say it enough – but thank you for all that you do.

Finally and on behalf of the entire Board of Directors and staff of the Regional Hospital Foundation, I would like to thank you – our donors – for giving us your trust. We are deeply moved by your faith in us and we will continue to steward that trust in word and in deed.

- Dr. Jacquelyn Thayer Scott  
*Chair, Cape Breton Regional Hospital Foundation*

## CEO's Message:

2010 is a year I will never forget – for many reasons...

It was a year when donors, like you, reached deep into your pockets to help ensure access to enhanced health care for all Cape Bretoners.

For that I owe you a heartfelt thank you.

But 2010 was also a very emotional year for me personally, as I was confronted by the reality of cancer and I felt the incredible loss of two very special people—Irving Schwartz and my father, Philip Stead.

I had become very close to Irving through the Cape Breton Cares Campaign. We chatted on the phone almost everyday for a year and we spent many hours in his office discussing and celebrating our progress. I am forever grateful for all that he taught me and all of the work he did for our community.

During this same period, my father was diagnosed with cancer—he was just 65 years old.

His struggle lasted 9 months and he was brave to the end. He left the world as he had lived in it – on his terms. I think about him everyday and, while I miss him terribly, I am so glad that we had the time to say goodbye. He was a wonderful father and teacher.

This reconfirmed my belief of why access to enhanced health care is so vital for a community—it takes care of those we love in good times and bad. I know how blessed we are to have a hospital, like the Regional, to rely on during our time of need.

So thank you – each and every one of you – for making a difference to patients who need our Hospital.

- Barbara Stead-Coyle  
*Foundation CEO*

Barbara and her father Phillip



# Celebrating Irving Schwartz

## “Guaranteeing” Cancer and Neonatal Care in Cape Breton

**“I guarantee it!”**

These three simple words are synonymous with Irving Schwartz.

Before Irving passed away in September 2010, he made a guarantee that will have a lasting impact on our community for many years to come. He guaranteed enhanced cancer and neonatal care for all Cape Bretoners.

As Chair of the Cape Breton Cares campaign, Irving’s passion and dedication will forever be remembered as he led his team of volunteers in raising \$5.5 million for our Cancer Centre and Neonatal Intensive Care Unit.

When asked about why he decided to lead this campaign, he explained: “As a patient of our cancer centre, I had a responsibility to give back. And that’s what I thought I should do.”

He often expressed his gratitude to the staff in our Cancer Centre and, when asked about the importance of having care at home, he said, “We are so fortunate to have this Cancer Centre and the difference between leaving to go to Halifax or any large centre is day and night. I just can’t get over how fortunate we are to have this Cancer Centre.”

Barbara Stead-Coyle, Foundation CEO, shares her experience with Irving, “Throughout the campaign Irving never complained, he never gave up on the goal of ensuring that our Cancer Centre had what it needed to deliver the best cancer care and he never took “no” for an answer.

Irving taught me many important lessons in a very short time and I am so very grateful that I was able to work with him on such an important project for our Hospital and our community.”

The Regional Hospital Foundation will always be grateful for the work Irving has done for our community and is pleased to celebrate his leadership in the Cape Breton Cares campaign.



## Enhanced Cancer Care for all Cape Bretoners

### - We Can Never Thank You Enough

June 23rd, 2010 marked the official opening of the Cape Breton Cancer Centre expansion—an accomplishment that never would have been realized without your support.

Thanks to the thousands of you who made a gift to the Cape Breton Cares campaign, our Cancer Centre now has the state-of-the-art equipment and the resources needed to provide the best cancer care to Cape Bretoners.

Your generosity means that 97% of radiation oncology patients will receive their treatment at home in Cape Breton. We hope you understand the difference you have made to thousands of patients.

Mona Baryluk, Director of the Cape Breton Cancer Centre, explains the impact of this campaign: “Quite simply, a higher standard of care and treatment in Cape Breton, equivalent to that of other radiation therapy departments across Canada. While we’ll always have some patients being referred to Halifax, that number continues to decrease. Some patients who, in the past, would have been referred to Halifax will now be able to be seen here.”

Thank you for helping us:

- Purchase a new Linear Accelerator used to perform radiation therapy
- Purchase a new CT Simulator to plan radiation therapy
- Expand the Cape Breton Cancer Centre to include an area for radiation oncology
- Purchase state-of-the-art surgical and diagnostic equipment for our operating rooms
- Relocate chemotherapy preparation to the Cape Breton Cancer Centre



At a reception in May with Mr. Lou Maroun



In April 2010, Mr. Schwartz was presented with a Caring Spirit Award for his commitment to enhancing health care in Cape Breton



Mr. Irving Schwartz and his wife, Diana

## Taking Care of Cancer Patients - The Cancer Patient Care Fund

When my husband, Mike, was diagnosed with Hodgkin's disease six years ago, I immediately thought the worst. To be honest, I thought it was the end. But Mike got through it thanks to the wonderful nurses and staff in our Cancer Centre.

Just four years later, in September 2008, I was diagnosed with melanoma. It seemed unbelievable that we would both have to face cancer. Mike said to me: "I beat cancer. So will you." I'm so glad he was right.

My husband and I are so grateful we were able to receive our care at home in Cape Breton. My husband is on a disability pension and traveling four hours in a car would have been too hard on him physically. We couldn't have done it.

After I finished my treatment, I had to take a medication called an interferon to prevent the melanoma from coming back. I had to take this prescription three times a week for a year. The cost of this prescription was \$3000 for a two week supply. I am not working and my husband is on a disability pension, so we don't have health insurance. Because I don't have health insurance, I was going to have to either pay for the prescription out of my pocket or not have treatment. There was no way I could afford this medication.

I am so grateful for the Cancer Patient Care Fund. This fund helped both me and my husband by covering the costs of the expensive medications we needed to beat cancer.

Without this fund, we may not have beat cancer.

- Amy Carberry, Sydney Mines



## Caring for Children in Cape Breton

- The Pediatrics Unit at the Regional Hospital

This past year, we introduced you to two very special children: eight year old Brandon Assoun and three year old Mya LeBlanc. Both Brandon and Mya have relied on the Pediatrics Unit at the Regional Hospital for cancer care.

This August, after three years of chemotherapy, Brandon finished his cancer treatments. His mom, Leanne, shares her experience, "Small things that you take for granted when you are home, like tucking your children in at night or cooking a meal when you are hungry, suddenly seemed more important."

Leanne adds, "Dr. Andrew Lynk and the nurses in the Pediatrics Unit are fantastic. The staff care for Brandon and all the other kids like they are their own. I cannot tell you how grateful I am."

While Mya still has more than a year of treatments ahead of her, her parents, Dave and Nicole, are thankful to the staff of the Pediatrics Unit at the Regional Hospital for helping them through this difficult time: "We rely on Dr. Lynk and the amazing staff for comfort, support and encouragement. They have become our second family. Mya loves going to see them and we trust them with her life."

Dr. Andrew Lynk, Pediatrician at the Cape Breton Regional Hospital, explains why having access to cancer care in Cape Breton is important to children and their families: "For the children (most of whom have working parents) and their families, the opportunity to receive most of their chemotherapy at home is priceless. There's nothing like having your extended family close by to help support you through tough times."

Thanks to the support of you and friends like you, in 2010 the Foundation has given more than \$12,400 to the Pediatrics Unit at the Regional Hospital in support of several projects and programs, including the Kiwanis Cardiac Clinic and the purchase of a chemotherapy cart.

In 2010, 202 patients received financial support from the Cancer Patient Care Fund, totaling more than \$86,000. Since 2005, more than \$426,000 has been distributed to more than 1100 patients in need.

## The Harriss Endowment Fund

- Leaving a Legacy in Support of Enhanced Healthcare

Victor Harriss was known as a quiet, unassuming man who worked hard and lived a simple life with his wife Joan.

Victor passed away on February 16th, 2009. Before his passing Mr. Harris spent time considering his legacy and made arrangements to leave his estate to family, friends and many charitable causes in Cape Breton, including a very generous gift to the Regional Hospital Foundation.

This multi-million dollar gift has been invested in an endowment fund and interest from this fund will be used each year to purchase critical equipment for the Regional Hospital. For the next three years, the Harriss Endowment Fund will support enhancements in the newly named Harriss Emergency Department

There are many different ways to make a legacy gift, such as leaving a bequest in your Will or designating the Foundation as the beneficiary of your life insurance policy or RRSP.

Regardless of the size, these gifts have a significant impact on the thousands of patients who rely on the Regional Hospital. We are extremely grateful to Victor for helping ensure enhanced health care in Cape Breton



## Special Care for our Tiniest Cape Bretoners

- The Neonatal Intensive Care Unit

The Regional Hospital's Neonatal Intensive Care Unit, commonly referred to as the NICU, treats more than 300 premature and ill babies every year. Without the NICU, these tiny Cape Bretoners would have to travel to Halifax for the specialized care they need.

Thanks to the support of you and friends like you, the NICU has access to the state-of-the-art equipment needed to give these tiny babies a healthy start to life.

Dr. Kajetanowicz, the Neonatologist at the Regional Hospital explains what it means to be home for care: "Staying at the Regional hospital allows parents to be home with their families and relatives. They need this family support during the difficult time when their baby is sick. Also, transporting sick babies to other hospitals exposes them to significant risks, like infections. Being home also saves money for the family and for the health care budget."

In 2010, the Regional Hospital Foundation purchased an LED Phototherapy Unit for the NICU, which helps treat babies born with jaundice, and has provided support for the NICU Tender, Love and Care Fund. Also, as part of the \$5.5 million Cape Breton Cares campaign, more than \$600,000 was raised to purchase new monitors for the Neonatal Intensive Care Unit.



At a reception in January 2011, the Regional's Emergency Department was re-named the Harriss Emergency Department

# 2010 Donors

We are grateful for each and every gift we receive. In this report we are pleased to recognize and thank everyone who contributed \$100 or more in 2010. This includes cash donors, event sponsors and event attendees. If we have mistakenly left your name off the list, we apologize and ask that you let us know by calling (902) 567-7054 or emailing [fortunes@cbdha.nshealth.ca](mailto:fortunes@cbdha.nshealth.ca).

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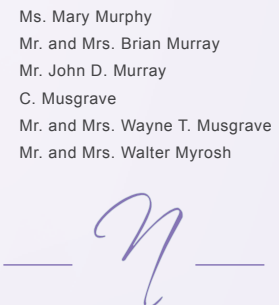
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 Dr. and Mrs. Andrew Lynk  
 Ms. Janine M. MacAulay  
 Mr. Jim MacCormack  
 Mrs. Adeline MacDonald  
 Mr. and Mrs. Albert MacDonald  
 Mr. Bill MacDonald  
 Mr. and Mrs. Frank MacDonald  
 Ms. Julie MacDonald  
 Mr. and Mrs. Vern MacDonald  
 Ms. Heather MacDougall  
 Ms. Laura I. MacKinnon  
 Mr. and Ms. James MacLean  
 Dr. and Mrs. D. L. MacLellan  
 Ms. Sheena MacLennan  
 Mr. and Mrs. John MacMillan  
 Ms. Jan MacNeil

Mr. and Mrs. Jerry MacNeil  
 Ms. Josephine A. MacNeil  
 Mrs. Katherine J. MacNeil  
 Mr. and Mrs. Vincent O. MacNeil  
 Mr. Frank A. MacPherson  
 Mrs. Anita MacQueen  
 Ms. Pauline McIsaac  
 Ms. Diane McNeil  
 Mr. Thomas W. McNeil  
 Mr. and Mrs. Alex Miller  
 Mr. Bobby Mills and Mrs. Heather Mills  
 Mr. Terrance Moore and Ms. Mary Moore  
 Mr. Robert J. Morgan  
 Mr. James S. Murchison  
 Ms. Helen Murphy  
 Mrs. Mary Neville  
 Mr. Paul F. O'Keefe  
 Dr. and Mrs. Sean Orrell  
 Ms. Lynda Oursin  
 Mr. and Mrs. Claude Peach  
 Ms. Alexandra Peddle  
 Ms. Kate Peddle  
 Mr. Greg Penney  
 Ms. Ann-Marie Peters  
 Mrs. Yvonne Power  
 Ms. Bertha Raoul

Ms. Marjorie Richards  
 Mr. and Mrs. Tom Ripley  
 Mr. and Mrs. Art Risk  
 Ms. Marilyn Roberts  
 Mr. and Mrs. Walter Rutherford  
 Mr. Jerry Ryan  
 Mrs. Ann Sampson  
 Mrs. Ginny Sampson  
 Mr. Thomas W. Sampson-Ryan  
 Mr. and Ms. Eric Spencer  
 Miss Deborah Stead  
 Mrs. Lynne Stead  
 Ms. Georgina Stewart  
 Mr. Robert Stewart  
 Ms. Elizabeth A. Stott  
 Mr. and Mrs. Darrell Syms  
 Mr. John Terry  
 Ms. Bonnie Thompson  
 Ms. Trudy Tracey  
 Mr. and Mrs. David Vatcher  
 Ms. Clara Wadman  
 Ms. Debi Walker  
 Ms. Margaret Walker  
 Ms. Debbie Young

# Cape Breton Cares Multi-Year Pledges

We are pleased to recognize and thank the following donors who have made multi-year pledges to the Cape Breton Cares Campaign in support of enhanced cancer and neonatal care in Cape Breton.

A&L Seafoods Louisbourg  
 Acadian Credit Union Ltd.  
 Mr. and Mrs. Wayne G. Beaton  
 BellAlliant  
 Belmac Supplies Ltd.  
 BMO Bank of Montreal  
 Breton Toyota (MacDonald Brothers)  
 Burke's Furniture  
 Canadian Cancer Society  
 Cape Breton Beverages  
 Cape Breton Island Building & Construction Trades Council  
 Cape Breton Post  
 Cape Breton Regional Municipality  
 Capserveco (Grant Thornton)  
 CIBC  
 Mr. Michael Claener

Coady Credit Union Ltd.  
 Sean and Barb Coyle  
 Crane Cove Seafoods  
 Dr. Gina Deveaux  
 Dominion Credit Union  
 Dwight J. W. Rudderham Law Office Inc.  
 Enterprise Cape Breton Corporation  
 Glace Bay Central Credit Union  
 Harbour Royale Development Ltd  
 Hillman's Transfer Ltd.  
 JA Douglas McCurdy Sydney Airport  
 Joneljim Concrete Construction Ltd.  
 Labourers International Union of North America Local 1115  
 Mr. Guy LaFosse

Louisbourg Seafoods  
 MacCoy Insurance Brokers Ltd.  
 Vince & Natalie MacLean  
 MacLeod Lorway Insurance  
 Louis and Kathryn Maroun  
 MB2/Beaver Joint Venture  
 Dr. Ross F. McCurdy, Ph.D.  
 Mr. and Ms. Ian McLean  
 Mercer Fuels Ltd.  
 Municipal Ready-Mix Ltd.  
 Municipality of The County of Inverness  
 Municipality of the County of Richmond  
 Municipality of the County of Victoria  
 Nash Hannem & Associates  
 Mr. and Mrs. Norris Nathanson  
 New Waterford Credit Union Ltd.

Nordly's Environmental, LP  
 North Sydney Credit Union  
 Nova Learning Inc.  
 Plaza Ford  
 Plumbers & Pipefitters U.A. Local 682  
 Power Corporation of Canada  
 Princess Credit Union  
 Quality Concrete  
 RBC Royal Bank  
 RKO Steel Ltd  
 Roach Perry Anderson  
 S & M Trucking  
 Sampson McDougall  
 Harold & Diane Schwartz  
 Irving & Diana Schwartz  
 Mrs. Inez Schwartz  
 Schwartz Furniture Showrooms Ltd.

Scotsburn Dairy Group  
 Dr. Jacquelyn T. Scott, O.C.  
 St. Joseph's Credit Union  
 Steel Centre Credit Union  
 Tim & Lisa Sullivan & Family  
 Sydney Credit Union (Main Branch)  
 TD Canada Trust  
 The Dominion of Canada General Insurance Co.  
 The Kings Mutual Insurance Company  
 The Shaw Group Ltd.  
 The Sobey Foundation  
 Tom MacDonald Trucking Ltd.  
 Unsworth Kachafanas  
 Whitney Credit Union



Cape Breton Credit Unions pledged \$250,000 to the Cape Breton Cares Campaign

## 2010 Actual Disbursements

	<b>Amount</b>
Comfort and Care Grants	\$ 70,788
Cancer Patient Care Fund	98,264
Heart Lung Wellness Centre	18,697
An Cala Palliative Care Unit – Patients Lifts	10,920
An Cala Palliative Care – Remodeling and enhancements	4,227
NS Family Literacy Program – Read to me	5,000
Operating Room – Syringe Pumps	9,600
Neonatal Intensive Care Unit – TLC Fund	4,000
Neonatal Intensive Care Unit – Phototherapy Unit	6,111
Pediatrics – Chemotherapy Cart	2,210
Pediatrics – Hummingbird Room	1,814
Pediatrics – Blanket Warmer	5,944
Pediatrics – Starlight Program	500
Pediatrics – Cardiac Clinic	2,000
Cancer Centre – Expansion and Equipment	440,619
Chest Clinic - Spirometer	11,500
Harriss Emergency Department – Ritter Chair	6,500
HEAL Cape Breton – Health Living Awareness	5,000
Renal Dialysis Unit – Healthy Eating Program	222
Wound Care – Education	500
Paul J. Venoit Library	1,819
Sisters of St. Martha Bursary	2,000
Obstetrics – Stryker Recliner	1,441
<b>Total</b>	<b>\$ 709,676</b>

## 2010 Commitments

	<b>Amount</b>
Harriss Emergency Department – Equipment	\$ 28,000
Neonatal Intensive Care Unit – Monitors	600,000
Paul J. Venoit Library – Teaching videos/tools	2,350
Cancer Centre – Surgical Equipment	1,000,000
Cancer Centre – Stain Glider	120,000
Cancer Centre – Radiation Quality Assessment Device	10,500
An Cala Palliative Care Unit – Ritter Table	10,000
An Cala Palliative Care Unit – Pain Pumps	12,000
Neonatal Intensive Care Unit – EEG Monitoring System	30,000
Pediatrics – Respite Room	20,000
Pediatrics – Operation Play	5,000
<b>Total</b>	<b>\$ 1,837,850</b>

## Cape Breton Regional Hospital Foundation Financial Highlights

### Year End December 31, 2010

This is an overview of our financial statements. Complete audited financial statements are available by contacting the Foundation Office.

#### REVENUE

Annual Campaign	\$ 879,784
Special Events, net	125,920
Capital Campaign*	675,386
Planned Gifts	2,015,299
Business Operations, net**	170,229
Grants	116,596
Other	140,029
Interest	46,427
<b>Total revenue</b>	<b>4,169,670</b>

#### DIRECT EXPENSES

Annual Campaign	148,538
Capital Campaign	77,112
Planned Giving	70
Donor/Volunteer Recognition	15,681
Public Relations	40,092
<b>Total direct expenses</b>	<b>281,493</b>

<b>TOTAL NET FUNDRAISING</b>	<b>3,888,177</b>
Administration	278,587
Amortization	1,476
Distributed to the Cape Breton District Health Authority***	709,676
<b>Excess of revenue over disbursements</b>	<b>\$ 2,898,438</b>

\* Does not include outstanding payments on multi year pledges

\*\* This includes Fancies Gift Shop and administration fee collected on parking operations

\*\*\* This excludes parking revenue transferred to the Cape Breton District Health Authority.



**Cape Breton Regional Hospital Foundation**

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Sydney, NS, B1M 0A1

1-902-567-7752

[foundation@cbdha.nshealth.ca](mailto:foundation@cbdha.nshealth.ca)

**[www.BecauseYouCare.ca](http://www.BecauseYouCare.ca)**